

The Carbon Chronicle

Authorized as Second Class Mail, Post Office Department, Ottawa

VOLUME 36: No. 8

ACME, ALBERTA. THURSDAY MARCH 21st, 1957

\$1.50 a Year; 5c a Copy



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CHAMBER OF COMMERCE

Carbon and District Chamber of Commerce meeting held on March 21st was very well attended. Several committees were heard from and were favorable.

The committee for a shoe repair man reported they had

OLLI SEED BARLEY FOR SALE

—Inspected in the field and recorded as registered seed. Germination 96%. Crop Registration Certificate No. 32909. Cleaned or uncleaned.

—For further information contact John Leiske, phone 3385, Beiseker.

HOUSE FOR SALE—28x28

ft. two storey house, one bedroom on main floor, two bedrooms upstairs. Plumbing throughout. Remodelled kitchen with modern cupboard and double sink. Wired for both 220 and 110 volt power.

—For particulars phone 3358, Beiseker, Alta.

WE HAUL GRAVEL—Let us Gravel your lane and driveway. Will take wheat for work. Cement gravel and sand also.

—Earl Baderson, phone 714, Acme.

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Mrs. Harry Hunt, Editor
George Wheeler, Publisher
Published every Thursday
at Acme, Alberta

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MEMBER OF THE C.W.N.A.

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The Home and School Assoc. is holding a Tea on Friday, April 12th, 2:30 to 5:00 p.m. Entertainment is to be provided and there will be a handicraft sale by Mrs. Mueller's class. Adults 50c; children under 12, 25c.

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The Ladies' Auxiliary 161 will hold a Whist Drive Wed., April 3rd at 8 p.m. in the Legion Hall.

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Sigmund should read \$15.00

More donations to Polio Fund Legion Ladies' Auxiliary \$30.00 \$5.00 each: Marjorie McArthur W. B. McCracken, F. B. McCracken, \$3.00, M. Maclean, Calgary \$2.00 each: Virgil Rempfer, Leo Ohlhauser, R. W. Snell, \$1.00 each: A. R. Sommerville, C. Guynn, C. O. Martin.

The amount collected in the Continued on page five

LEGION NOTES

Correction of Polio List—A.

GRASS SEED NEWS

We take pleasure in announcing that we have been successful in obtaining a line of grass seeds again this year. Supply is very limited in some varieties, so order early to avoid disappointment.

What! You cannot afford to buy seed! You can sell up to 400 bushels of grain above your regular quota, to buy grass seed and registered grain. See us for particulars and get your order to take to your local elevator agent.

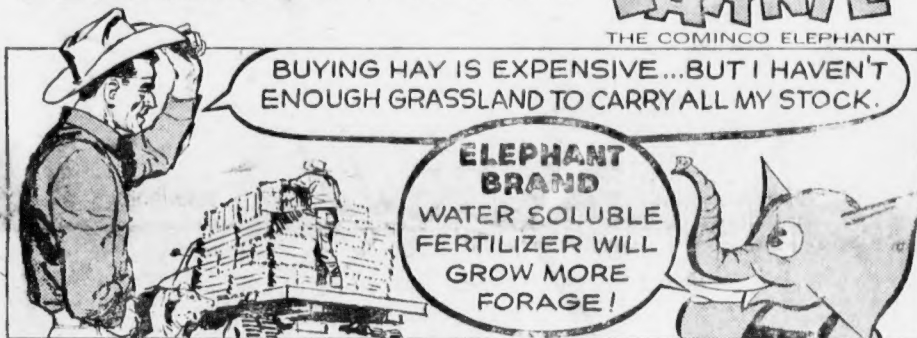
Our prices are competitive with Calgary and Edmonton.

YOUR HOIST MANUFACTURER & MASSEY-HARRIS Dealer

Linden Machine Works Ltd.
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FERTILIZER TIPS from 'EARNIE'

THE COMINCO ELEPHANT



GET MORE FROM YOUR GRASSLAND...WITH

ELEPHANT BRAND

HIGH ANALYSIS FERTILIZERS

AMMONIUM PHOSPHATE . . .	11-48-0
AMMONIUM PHOSPHATE-SULPHATE . . .	16-20-0
AMMONIUM NITRATE-PHOSPHATE . . .	27-14-0
AMMONIUM SULPHATE . . .	21-0-0
NITRAPRILLS (Ammonium Nitrate) . . .	33-5-0-0
COMPLETE FERTILIZER . . .	10-32-10
ANHYDROUS AMMONIA (NH ₃) . . .	82-0-0

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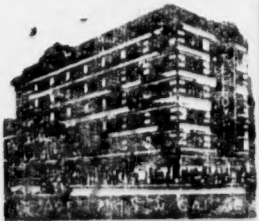
RALPH PALLESEN, CARBON
FRED C. WULFF, SWALWELL

Attention Farmers & Stockmen
For Artificial Insemination
Service in Cattle
Phone 82, Acme
ALL POPULAR BREEDS
INCLUDING POLLED AYRSHIRE

—CARBON MOVIE GUIDE—
Showing Tues., March 20th at 8 p.m.
"THE KETTLES IN THE OZARKS"
Marjorie Main & Arthur Hennicut
Roadshow Prices
There's a crop of corn in the field and a secret in the old barn.

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Convenience and Comfort
at Reasonable Rates



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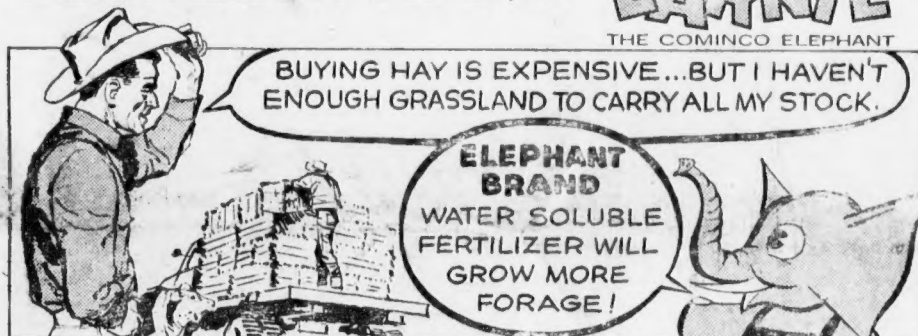
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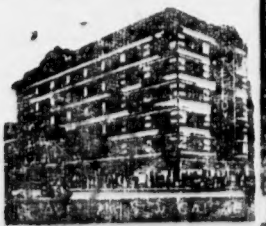
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New 1957 auto licence plates now available

B.C.'s new blue and white 1957 licence plates are now available and they may be obtained at the government agent's office in the provincial government building.

The new plates may be used any time after January 1, but the owner must carry his 1956 licence slip in the vehicle until February 28, the RCMP announced.

Motorists, who for some reason have not received their licence renewal form this year, are guaranteed an immediate return of it by filling out a special form in the government agent's office. This is the first year that this service has been available.—The Review, Revelstoke, B.C.—Jan. 10, 1957.

Patterns

NEW PRINTED PATTERN
EASIER—FASTER
MORE ACCURATE



4523
14½—24½
PRINTED PATTERN

A PRINTED Pattern! Half-Sizes—look so smart in this bright and breezy style. Sew-easy—no side opening! Just unbutton shoulders, slip it on 1-2-3 quick. Cut to fit the shorter, fuller figure perfectly—no alterations!

Printed Pattern 4523: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ takes 4½ yards 35-inch. Directions printed on each tissue pattern part. Easy-to-use, accurate, assures perfect fit.

Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept.,
Department P.P.L.,

60 Front Street, W., Toronto
Be sure to write plainly your Name, Address, and Pattern Number.

SMOKES FOR CANADIAN MILITARY PERSONNEL

serving with the
United Nations Emergency
Force in the Middle East



\$1.60 sends 400
EXPORT
CIGARETTES

or any other Macdonald Brand
Postage included

Mail order and remittance to:
OVERSEAS DEPARTMENT
MACDONALD TOBACCO INC.
P.O. Box 490, Place d'Armes,
Montreal, Que.

This offer is subject to any change
in Government Regulations.

(The Sun, Swift Current, Sask.—Jan. 9/57)



CITY'S OLDEST DRIVER PRESENTED WITH SAFETY AWARD—Official ceremonies were held Friday when executive members of the Jaycees presented their safe-driver award of the month to George Warren, who, at 86 years, is one of the city's oldest motorists. He is a cautious driver, and members of the Jaycees, after conducting a careful check of his car throughout December, found him holding the most points. Above, left, Gordon Mills, chairman of the Jaycees traffic safety committee, makes the presentation, while Len Menzies, of the civics committee under which the project is being undertaken, and Boyd Smith, chairman of the highway Safety committee, look on.

Warns of danger of traffic mishaps

Wishing the citizens of Renfrew the compliments of the season, Corporal E. A. Hunter today wanted especially to pass on his thanks to all the pedestrians and drivers of the town who have stayed out of traffic accidents.

"This season of the year, with its many happy distractions, requires a special effort to remember to be safe," the corporal pointed out. "With more people on the streets later in the evening, shopping and visiting, the chances of a pedestrian accident increase many times. It is an unhappy fact that the final 10 days of the year, when thoughtful goodwill is undoubtedly at its best, is the most dangerous period of the year for traffic accidents.

"It is often said that if you could warn a driver or pedestrian in time that the accident was about to happen, the accident would never occur. It is my hope that all our people will accept a warning that inattention and carelessness are two greatest causes of traffic accidents."—The Advance, Renfrew, Ont.—Dec. 6, 1956.



PRINCESS—Beaming with fatherly pride, King Hussein of Jordan, guides the halting steps of the Royal Princess Alia, one year old. This photograph, one of the first made of the little girl, was taken in the Basman Royal Palace at Amman.

:: GEMS OF THOUGHT ::

PEACE

The basic issue, blunt and unvarnished, is peace or perish. But mankind and our civilization will not perish. Of that I feel confident.

—Ralph J. Bunche.

Peace is the promise and reward of rightness.—Mary Baker Eddy. Only by a new attitude of mind ruling within it can the state attain to peace within its borders.

—Albert Schweitzer.

If we educate enough of our individuals in the fundamentals of peace and security, frictions and irritations between countries will rapidly diminish.

—George C. Marshall.

The decisive thing is not the type of armaments used, not the state of disarmament; the decisive thing is the state of the spirit.

—Charles Malik.

A TRUE EXPERIENCE

An inept prize fighter emerged from a bruising four-rounder with two black eyes. "That palooka, I fought with," he explained, "is the awkwardest dub I ever seen. He couldn't hit me no place but in the eye!"

(The World Spectator, Moosomin, Sask.—Feb. 6, 1957)



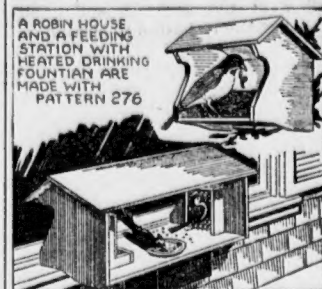
TEACHERS HOLD FIRST ANNUAL BONSPIEL—Something new in bonspiels was held here Saturday, when the teachers of the Moosomin Superintendency held their first one-day 'spiel. It will likely be an annual event now. The out-of-town rinks came from Maryfield, Tantallon, Welwyn, Rocanville, and Wapella. Winners of the first teachers bonspiel on Saturday, were the above four teachers of Moosomin School, left to right, Mrs. D. Yule, Mrs. R. Bruce, Miss M. Clayton, and Don Wright.

—Photo by Predinchuk

IN THE HOME WORKSHOP

For birds

Now that the robins will be returning soon from their southern vacation they will be looking for just the right type of house. The end pieces for the nesting house shown are the same as for the feeding station so I have included



on one pattern the necessary tracing diagrams for both. Large drawings show the steps in sawing out all the pieces and assembling the two structures. The feeding station sits on a window ledge. The part of the roof nearest the window is glass so the birds that stay around all winter may be enjoyed from indoors. Price of pattern 276 is 35c if ordered separately or it will be included in the packet of bird house patterns at \$1.50 postpaid.

Sewing case

Sewing and mending are quickly done with this hinged sewing case which holds everything for major



jobs. The little donkey carries essentials for small repairs. Pattern 233 gives actual-size guides for both and will be mailed for 35c. It also is one of five patterns in the packet Sewing Corner Furnishings. Price \$1.50.

Address order to:

Home Workshop Patterns,
Department P.P.L.,
4433 West 5th Avenue,
Vancouver, B.C.

Fire loss here below \$3,000

Fire Chief Sam Needham commended citizens for their co-operation in keeping fire losses down when he commented on the brigade's activities at the annual meeting of the brigade Tuesday night.

Once again the annual loss is under \$3,000. The chief said people were calling the brigade immediately there was any suspicion of a fire with the result that a number of fires had been caught in the "smoke stage."

The brigade entertained friends and the city council at a social evening following its business session. — The Review, Revelstoke, B.C.—Jan. 10, 1957.

Two riverfront cottages razed in recent days

Fire has destroyed two winterized summer cottages along the riverfront within the past week, forcing the families occupying them to flee into the cold with nothing but the clothes they were wearing.—Glengarry News, Alexandria, Ont., Jan. 17/57.

Cocktails originated in New Orleans.

3236

Try my wonderful GLAZED PEACH PINWHEEL PUDDING!



Drain and save syrup from 20-ounce can sliced peaches
Sift together once, then into bowl,
2 c. once-sifted pastry flour
or 1½ c. once-sifted all-purpose flour
4 tps. Magic Baking Powder
½ tsp. salt
¼ c. granulated sugar

Cut in finely
½ c. chilled shortening
Make well in dry ingredients; add
½ c. milk
and mix lightly with a fork, adding milk, if necessary, to make a stiff dough. Knead 10 seconds on floured board. Roll out to 8- x 12-inches. Spread with
¼ c. thick raspberry jam

Sprinkle with
2 tps. chopped almonds
Arrange peaches over dough. Beginning at a short edge, roll up; cut into 6 slices. Place, cut side up, in greased 7- x 11-in. pan. Bake in hot oven, 400°, 25 mins. Meantime, bring to boil, stirring, 1 tsp. granulated sugar, 1 tsp. corn starch, few grains salt, 1 tsp. lemon juice, 1 c. peach syrup (use water, if necessary, to bring measure up to 1 c.). Stir in
1 tbsp. butter or margarine and
¼ tsp. almond extract

Pour over partially cooked pinwheels. Bake about 20 mins. longer.
Yield—6 servings.

Protect all your ingredients with dependable
MAGIC! Get light and tender results
...get
MAGIC Baking Powder soon!



Boston proves tough obstacle to top teams

Detroit Red Wings and Montreal Canadiens, the two clubs that are keeping right up with Boston Bruins in the 1956-57 National Hockey League championship race, have a tough time scoring against the Bruins when they enjoy a manpower advantage.

In the first third of the current season Canadiens had scored 21 goals while holding manpower advantage over the opposition. They "killed" Toronto Maple Leafs by scoring nine times when the Leafs were shorthanded. However, the Canadiens were able to score only once against the Boston Bruins when they held a manpower edge.

Detroit scored 14 goals with the opposition shorthanded during the first third of the present campaign but only one of these was scored against the battling Bruins from Boston. Detroit had their greatest success against Canadiens. The Red Wings scored seven goals against Canadiens with a manpower advantage.

Seventy-six goals were scored during the first 70 games of the season by a team enjoying a manpower advantage. Canadiens topped the clubs with 21 goals scored this way. Detroit was second with 14. Boston Bruins, the National Hockey League leaders throughout most of these 70 games, scored 12 goals with a manpower edge.

New York Rangers and Toronto Maple Leafs each scored 11 times with the opposition shorthanded while the sixth-place Chicago Black Hawks scored on seven occasions.

More goals were scored against Toronto Maple Leafs while they were shorthanded than any other N.H.L. club during the first third of the present season. The Leafs had 18 goals scored against them this way. Chicago and Boston each had 13 tallies notched against them playing shorthanded. Montreal Canadiens were beaten 12 times and the New York Rangers 11 times. Detroit Red Wings were the toughest club to score against playing shorthanded during the first 70 games recorded in the N.H.L. in 1956-57. The Wings allowed nine goals to be scored against them while playing shorthanded.

TRY AND STOP ME!

By BENNETT CERP

A taxi driver noticed that his fare was wearing a hearing aid. "Them things any good?" he asked. "Sure are," said the fare. "This one has helped me a great deal."

"Must be tough to be hard of hearing," commiserated the driver, "but then, everybody has something wrong with him. Take me for example: I can hardly see."

Two brothers made a living for years playing the front end and rear end, respectively, of a horse on the stage. Then one day the rear end impersonator quit—just like that. "I was finally overcome with the unfairness of it all," he explained. "My brother was always whistling at the chorus girls and pinching them—then they'd kick the heck out of me!"

A newly married society gal surprised even herself one morning by getting up to serve her husband breakfast. Gratified, he kissed her on the top of the head and announced, "My darling, you are the eighth wonder of the world!" "Be that as it may," warned wife, "but don't let me even catch you canoodling around with any of the other seven!"

A very merry man lurched into a taxi at the New Rochelle, N.Y., station one night, gave an address, and promptly fell out of the opposite door into the roadway. Laboriously struggling to his feet, he said, "Shay, driver, thash purty fash work. How much I owe ya?"

Local Rotary club donates \$1,000 to London treatment Centre Fund

The Rotary Club of Tillsonburg authorized the sum of \$1,000, representing an initial donation to the building fund for the \$250,000 Crippled Children's Treatment Centre in London, to be given to the fund, at a recent meeting of the board of directors.—The News, Tillsonburg, Ont.—Jan. 17, 1957.

Canadians have given 1,351,334 bottles of blood to the Canadian Red Cross Blood Transfusion Service since 1947. 3236

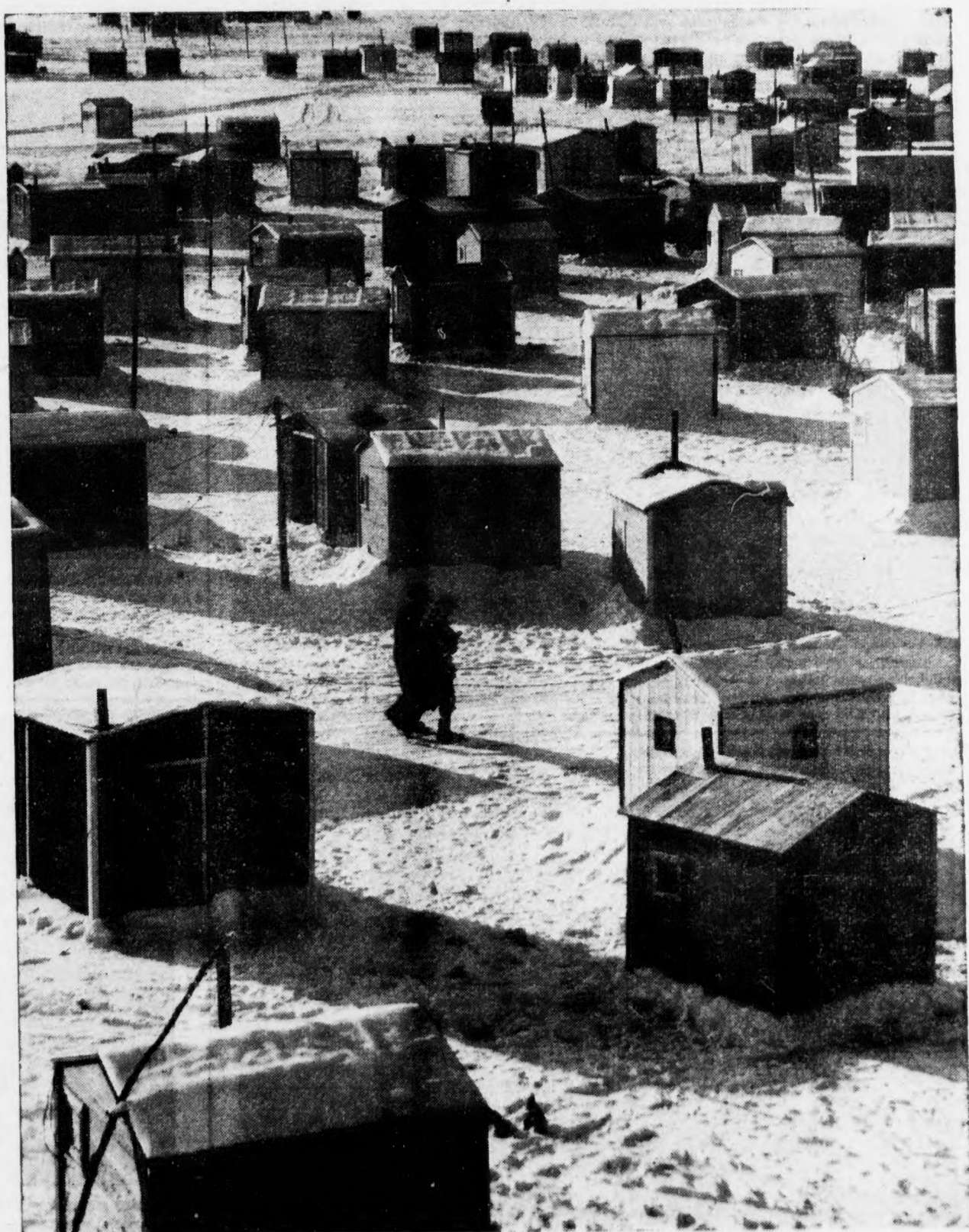
The Tommycod are Running



Cabins are carted to the ice village by a variety of means. Modern prefabricated ones are brought in by car, quickly assembled on the spot, where for a couple of dollars the

local ice-cutter will slit a trench through the 2-foot ice. Veteran fisherman haul in over 1200 tommycod in a single night.

National Film Board of Canada Photos by Gar Lunney.



The tommycod are running, and, at the quiet Quebec town of Ste. Anne de la Pérade, where narrow French-Canadian farms roll down like ribbons to the Ste. Anne River, a carnival spirit fills the air as townsfolk and

tourists turn out to join in the fun of fishing through the ice. Cabins, some 600 of them, rent for \$5-\$10 a night, are equipped with electricity, stoves, radios, and, to meet modern demands, television.



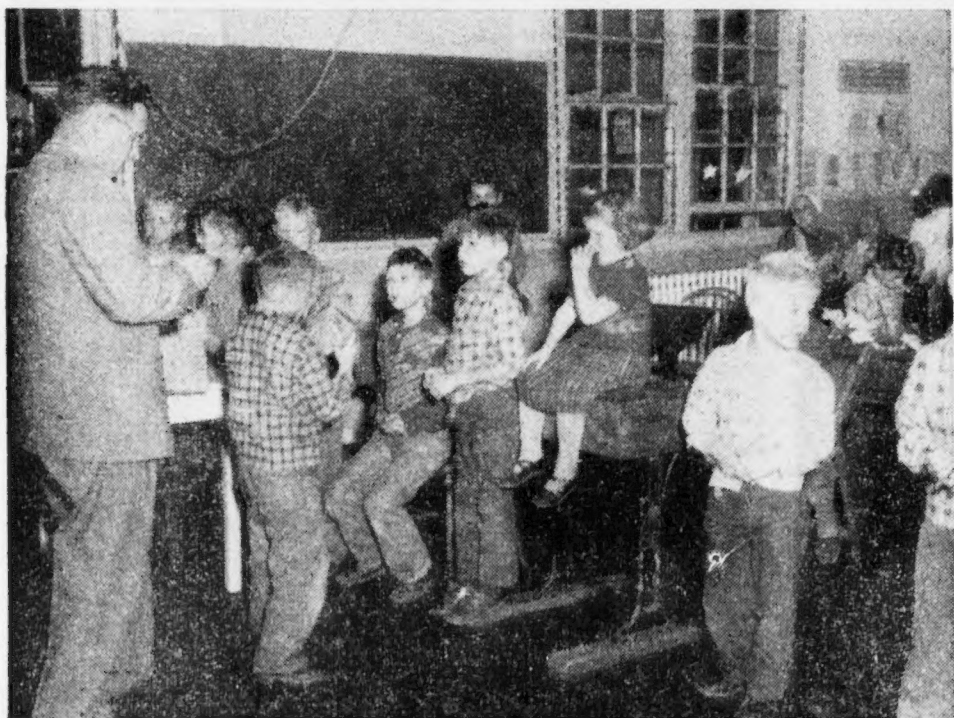
Canadian Weekly Features



A TRULY HAPPY BIRTHDAY!—Charles Van Doren, TV's top single-show winner, celebrated his birthday with 31 candles on his cake—and \$138,000 in TV winnings. Van Doren outclassed two opponents on the "Twenty-One" show to add \$16,000 to his mounting pile. On 10 previous appearances on the program, he had pyramided his winnings to \$122,000. Van Doren uses blackboard and fingers to show his increased winnings.



WHAT'S FUNNY about a dog wearing a duffle coat? Chico, a Yorkshire terrier, thinks all his pals should wear them and here he models one at a London, England, show. The terrier is owned by Mrs. E. M. London of Halifax.



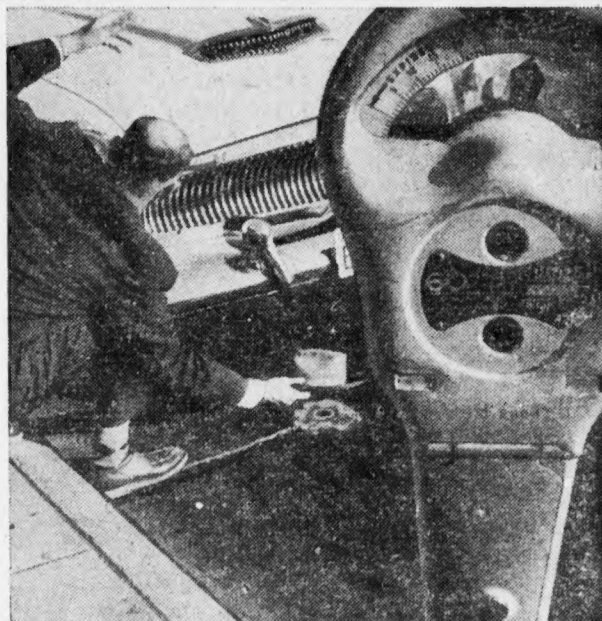
HELPING OUT SANTA—Children at the Bethany Children's Home at Gwynne waited with keen anticipation while Rotarian Jack Ferris, shown in the picture, and Rotarians Rev. Allan Hooper, Malcolm Johnstone and Ken Patrige, handed out presents to each. There was a present addressed to each child which in all cases was exactly what they wanted.

—Camrose Canadian News photo.

(The Sun, Swift Current, Sask.—Dec. 1/56)



GRAPHIC EVIDENCE of the terrible toll one traffic accident can take is depicted in the photo above, where a father, mother and infant paid with their lives. That's why safe driving is so important, and why motorists should give undivided support to Safe Driving Week December 1 to 7. This is an untouched police photograph of the accident scene near Waldeck.



LESSON IN AUTOMOTIVE ECONOMY—A San Franciscan with a sense of humor demonstrates how the city's new electronically controlled parking meters might be beaten out of his nickel. He holds his hat over a light-sensitive electric eye imbedded in the pavement which automatically erases any time left from the previous coin when a car pulls away. City officials report over 37 percent extra revenue from these "Traffic Master" meters.



NAMED HEAD OF SPY SYSTEM—Jack Sobel, 53, and his Russian-born wife, Myra, are shown in New York's Federal Court. Sobel was named as head of a U.S. spy system and his wife and their friend, Jacob Albam, were charged with conspiring to steal U.S. secrets and pass them on to Russia, and with failing to register with the State Department as foreign agents.

Carbon

Continued from front page district was \$630.51.

The Legion thanks all members of both Legion and Ladies' Auxiliary for their time and effort in canvassing the district. We also thank the people again for their generous donations.

The tickets are now on sale for the wheelbarrow which is on display in Fred's Barber Shop. Please help this cause as you will be helping the Pony League.

Chas. Cave.

FOR SALE—House and lots on the hill by J. Flaws. Cookstove \$10.00. Will take wheat, cattle or cash for same.

—Apply Bill Buravich.

FOR SALE—8 head of Dairy Cows and Heifers.

—Apply W. Schahman, Carbon.

FOR SALE — Four-roomed House and Lots. Located on the island. Good outbuildings. Fully fenced. Lights. Good well.

—Apply Mrs. Harry Hunt.

Level Land

A wedding dinner was prepared at the home of Mr. and Mrs. Henry Stern Feb. 24 for the relatives of the newlyweds Mr. and Mrs. Alois Stern, former Miss Florence McMann. The dinner consisted of turkey and all the trimmings, pie, etc. in buffet style. Eight card tables and two dinner tables were set up to serve the 50 guests attending. Everyone had enough to eat and the newlyweds received many lovely and useful gifts.

An M.V. Rally and Program took place in the Crescent Heights High School Auditorium on March 9. Approximately 1000 including many from Level Land, Acme, Hanna and the

southern part of Alberta. Sabbath School at 10 a.m. was followed by Divine Service at 11 with guest speaker Elder Theodore Carcich, President of the Weshing on Conference of S.D. A. Elder F. W. Baker of B.C. with 50 years of M.V. work to his credit was guest speaker. At 3:45 Pastor Carcich gave a very interesting talk 'He Leadeth Me' and at 7:30 p.m. a musical program by music dept. of Canadian Union College was given.

At 8 p.m. a real treat was presented by Anton Lendi who gave a wonderful lecture on "Beautiful Switzerland" a film no one should miss. Title of another film was "Paradise on Earth" and most were his own production.

Glenda Gimbel was home from Walla Walla College for a few days holiday and with her parents Mr. and Mrs. J. Gimbel spent the weekend in Lacombe with friends.

Linden Suelzle of Lacombe visited in this district March 11. Wayne Leiske and Lorne Gramms returned to Lacombe with him after spending the weekend with their parents.

Mr. and Mrs. J. A. Schmid, of Balzac visited in this district on March 11 for a few hours.

Mr. and Mrs. Donavon Huebner returned last week from visiting in the U.S.A. Larry Leiske and Shirley McMann returned with them for a few days holiday with their parents.

Mr. and Mrs. Spark of Wayne were weekend visitors at the S.D.A. Church on Sat., Mar. 10.

A number from this district took in the Agricultural Short Course and Seed Fair March 7 and 8 which was very interest-

ing. Luncheon speaker was Prof. W. B. Baker, chairman of Sask. Royal Commission on Agriculture and Rural Life. His subject was "Agriculture in a Developing Economy"; and on the 8 the speaker was A. G. McCalla Dean of Faculty of Agriculture, Univ. of Alta. on "What's Ahead in Agriculture?"


THAT EXTRA CARGO

The overweight person usually becomes aware of the fact suddenly when he is well over the normal poundage. He or she will probably start in on a sudden program of dieting and strenuous exercise which may or may not last. In cases where the weight is much over the advisable figure, it's best to see the doctor and let him decide upon

the diet and the amount of exercise. If the extra weight is not too high, it is safe to try the home remedy of eating only a well balanced diet based on Canada's Food Rules, and cutting out the high-calorie desserts.

SOWS FOR SALE—Two Young Sows.

—Albert Gehring, Acme

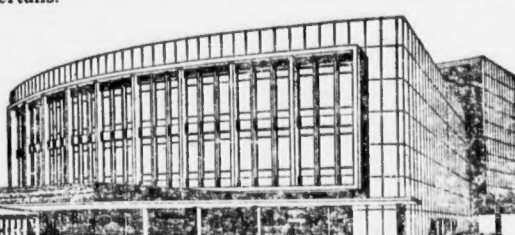


YOUR ALBERTA

THE PROVINCIAL AUDITORIUMS

Much has been said, recently, on our new Provincial Auditoriums located in Calgary and Edmonton. Both will be opened on April 28th with special Dedication programs arranged for the entire week. Three items in connection with the auditoriums should be known to all Albertans.

This artist's sketch shows a perspective of the Provincial Auditoriums being built at Calgary and Edmonton to provide social and cultural facilities for Alberta people. The sketch shows an auditorium as it will appear from the main entrance. Seating capacity of each auditorium will be 2,700.



TESTING AND TUNING

A Testing Concert has been arranged for Edmonton on the morning of April 8th. This is not a "ticket's available at the box office" program nor is it "open to the public". It is an "invitation affair" and there is a very good reason for it being so. All new auditoriums require a series of tests during construction and a final test concert shortly before official opening. They are necessary in order to ensure an acoustically perfect auditorium. It has to be tuned and only after the completion of a hall test concert can the experts be sure of the need for a so-called "tuning" or deliberate alterations. From the results obtained in Edmonton tuning of the Calgary Auditorium can also be arranged without another concert.

HOW ARE THE INVITATIONS HANDLED? The audience for the test concert, for acoustical reasons, must be limited to a two-thirds capacity of the auditorium. This will mean a careful selection of all applications for participation. This will ensure that among the many prospective applicants, only the most sincere and highly musically minded will receive invitations.

The total test capacity of the audience is established as high as 1,800. Included are 150 people (members of the choir), and 100 to 120 who will represent the musically and physically trained professional world, such as music teachers, organists, choir and band leaders, university personnel, scientists and research workers, music critics, etc. The remaining majority will be the musically minded general public, members of musical societies, drama groups, clergy, university students of graduate classes, etc.

Alberta citizens interested in attending the test concert may receive an application form on request to the office of W. H. Kaasa, Co-ordinator of Cultural Activities, Legislative Building, Edmonton, or telephone 293470.

SUNDAY—DEDICATION WEEK

Dedication ceremonies and a special program have been arranged for Sunday, April 28th, at the Provincial Auditoriums in Calgary and Edmonton. Tickets for this day only will be distributed free of charge on a pro-rata basis according to Provincial areas.

Citizens of Alberta will be asked to write, requesting seats. Only two (2) tickets will be reserved for each application and according to the pro-rata area allotment. Admission will be by ticket only. Further details on the handling of all tickets will be advertised in this paper next week.

While Sunday tickets are free, tickets for all other performances during the dedication week are to be sold.

DEDICATION WEEK

(April 28 - May 4)

All details of the Dedication Week Programs are just about ready for release. On Sunday, the buildings will be dedicated and officially opened. Special programs have been arranged for that day. The balance of the week will feature programs every evening as well as matinee performances. Local artists appear in all presentations and Guest Artists and Hollywood Stars will participate.

Tickets for Sunday will be distributed free of charge (see above) and for the balance of the week will be on sale at box offices, downtown ticket offices in Calgary and Edmonton, and by mail order.

WATCH THE ADVERTISING COLUMNS OF THIS NEWSPAPER FOR COMPLETE PROGRAM DETAILS FOR DEDICATION WEEK

THIS ADVERTISEMENT IS NO. 147-57 OF A SERIES PREPARED BY THE DEPARTMENT OF ECONOMIC AFFAIRS

U.F.A. CO-OP ATTACKS FARM COSTS

As announced recently U.F.A. Co-operative Limited has purchased the marketing facilities and trade brands of Maple Leaf Petroleum Ltd. for approximately one million dollars. This development is regarded as an important step forward in the field of co-operative petroleum marketing in Alberta.

In making this announcement, Mr. Geo. E. Church, president of U.F.A. Co-op pointed out that the 27 million gallon volume of the co-operative placed it in the position of being one of the largest independent petroleum jobbers in Western Canada. Mr. Church said it is expected that this expansion will result in greater savings and consequent increased patronage dividends to the farm member patrons of U.F.A. Co-op. In the years it has operated, U.F.A. Co-op has earned over 2 million dollars in dividends for its members. In these days of increased cost of farm operations it is more important than ever that farmers take advantage of every opportunity to save money.

Mr. Church stated that in view of these facts the Board and Management expected that in each district served by a U.F.A. Co-op oil agency farmers will be patronizing it in increasing numbers.

He also said that in districts not now served by a U.F.A. Co-op oil agency, farmers would undoubtedly be considering how they could organize such an outlet. This could be done either by a local Co-op Association providing the plant and equipment and obtaining their supplies from U.F.A. Co-op or by U.F.A. Co-op setting up an agency on the advice of a local advisory committee.

In any case, farmers can now make even greater savings than previously, by purchasing top quality Maple Leaf gasolines, oils and greases from their U.F.A. Co-op oil agent.



(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)

By Lloyd Percival

Will sports hurt your heart?

There are still many people who talk about "athlete's heart" as a condition supposedly developed by playing too much sport or taking part in too much strenuous activity when young.

The medical profession, however, does not recognize such a condition. According to modern medical knowledge, the normal heart cannot be injured by even the most vigorous and sustained exertion.

For this reason, if you have a normal heart, you have no reason to fear sports activity. In fact, by sustaining such regular exercise you will improve your heart efficiency and protect yourself against the development of heart disease.

Many people believe that most heart attacks occur during exertion. This is not true, however. According to medical research, only two percent of heart attacks occur at this time. Most of them occur during sleep or during periods of general activity. However, any attack which does occur during sports activity—such as golf, skiing or skating—is given considerable publicity, while attacks suffered at other times do not get the same coverage.

Studies of ex-athletes such as rowers have shown that they have a generally longer life expectancy than the average person, and suffer less from heart ailments.

The exact role of fitness and physical exercise in healthful living is fully covered in the new

Sports College course, "Fitness Is Easy". Designed as a basic fitness program for Canadians, this book answers hundreds of fitness problems and outlines a program to cover all fitness needs. Anyone interested in improving their stand of fitness should write to Sports College, Box 99, Dept. DC, Toronto 1, Ont., and ask for information about Fitness Is Easy, which is an official publication of the Canadian Amateur Sports and Physical Fitness Development Service.

Wednesday coldest individual day in Bathurst

Harold Gammon, weatherman for the Bathurst Power and Paper Company Limited, told The Northern Light today that January 16 was the coldest day this winter with the mercury dropping to 31 degrees below zero.

January was also a record month as far as temperatures were concerned and Wednesday's temperature broke the standing record set in 1925.—The Northern Light, Bathurst, New Brunswick, Jan. 17, 1957.

Within four days after the Hungarian disturbances a \$40,000 shipment of Canadian Red Cross relief supplies was aboard an RCAF North Star bound for Europe.



STONE PORTRAIT — Rome's Prof. William Clocchetti displays his portrait in marble of President Eisenhower. The picture was commissioned by the Italian Friends of Eisenhower Club of Rome and is done in Tarso (Italian quartz). The President will be presented the picture in person by club members in their forthcoming visit to Washington.

Syd Smith goes to upper house

Sydney J. Smith, well-known Kamloops automobile dealer, former M.L.A. and currently president of the B.C. Liberal Association, was made a senator Friday by Prime Minister Louis St. Laurent.

Mr. Smith is well known in Revelstoke. Prior to the last war he had timber interests in the Lardau. — The Review, Revelstoke, B.C.—Jan. 10, 1957.

"Pork barrel" in disguise?

Down in the Maritime Provinces there seems to be a good deal of satisfaction with the Federal Government's recently instituted scheme for subsidizing the construction of trawlers and other types of craft designed for deep-sea fishing. Subsidies of \$165 per ton for such vessels have now been made available.

What raises doubts as to whether such a subsidy is really necessary is the Federal Government's decision to pay it only in respect of trawlers and similar types of fishing vessels built in the Atlantic Provinces. There is no suggestion that the subsidy should be paid in respect of trawlers built on the St. Lawrence, or along the shores of the Great Lakes.

The truth of the matter is that trawlers should be built wherever it can be done at lowest cost. Subsidizing trawler construction in the Atlantic Provinces is going to cost the taxpayers more, and the chances are the price of fish won't be any cheaper.

WORLD POPULATION

The population of the world is expected to reach as much as 4,000,000,000 by the end of this century. Currently, the population is more than two and one-half billion.

Strictly Fresh

Those perennial collegians are an irritating bunch. Everyone in the office gives them that Poison Ivy League look.

United States: where you drive a financed car on bonded highways to the loan company.

Have you heard of the secretary who didn't want to be too late for



work because she was afraid she'd miss the coffee break?

Composer Merle Travis, whose song, "Sixteen Tons", was a big hit last year, just finished "Nine-Pound Hammer". We'd say he's writing in a lighter vein.

New Zealand veterinary says he may be able to test a racehorse's potential by checking its heart. Touts will probably carry a stethoscope wrapped in their scratch sheets from now on.

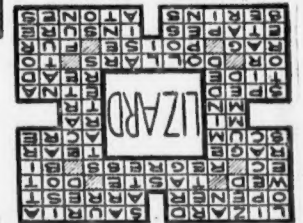
More than 13,600 wives and relatives of hospitalized veterans were overnight guests at Red Cross Lodges last year.

WEEKLY CROSSWORD PUZZLE

Four-Legged Reptile

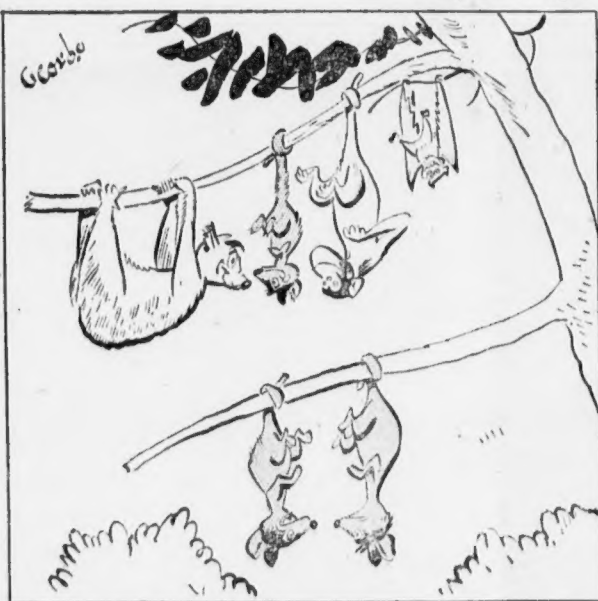
- | HORIZONTAL | VERTICAL |
|--------------------------------|--------------------------|
| 1 Depicted four-legged reptile | 1 Debases |
| 7 It belongs to the order — | 2 Emetic |
| 13 Kitchen tool | 3 Letter of the alphabet |
| 14 Take into custody | 4 Any |
| 15 Espouse | 5 Network |
| 16 Sample | 6 Pull |
| 18 Speck | 7 Cloy |
| 19 From (prefix) | 8 Greek war god |
| 20 Go backward | 9 Abraham's home (Bib.) |
| 22 Two (prefix) | 10 Color |
| 23 Fury | 11 Weather map line |
| 25 Rip | 12 Apparel |
| 27 Scoria | 17 Senior (ab.) |
| 28 Measure of land | 20 Made to remember |
| 29 Note of scale | |
| 30 Egyptian sun god | |
| 31 Manganese (symbol) | |
| 32 Transpose (ab.) | |
| 33 Raced | |
| 35 Sicilian volcano | |
| 38 Current of the ocean | |
| 39 Peruse | |
| 40 Correlative of either | |
| 41 Monetary units | |
| 47 Toward | |
| 48 Tatter | |
| 50 Balance | |
| 51 Haired skin | |
| 52 Russian storehouses | |
| 54 Make certain | |
| 56 Finches | |
| 57 Makes amends | |

Here's the Answer



Ticklers

By George



"Junior worries me. He hangs around with some of the queerest-looking characters."

WEEKLY BIBLE COMMENT

ANGER AND CONCEIT KEPT MANY FROM BELIEVING IN CHRIST

It was both fitting and significant that Jesus should make an announcement of His mission on earth in Nazareth where He had been born and brought up. It was there, after the return from Egypt, that He had "increased in wisdom and stature, and in favor with God and man."

There He received the instruction every Jewish child underwent and there he had attended the synagogue. Now He came to his former home to enter specifically the mission which would lead him to the cross. He went to the synagogue on the Sabbath as was His custom.

He was well received and given the book of the prophet Isaiah. But the welcome soon changed as Jesus read from the prophesy the words that His hearers understood as pertaining to the Messiah: "The spirit of the Lord is upon me, because he anointed me to preach good tidings to the poor..."

He closed the book and announced to his startled hearers, "Today hath this scripture been fulfilled in your ears."

They marveled at His eloquence but, in their marveling, did not forget that He was Joseph's son.

Perceiving their thoughts, Jesus reminded them that a prophet was not without honor save in his own country. From Jewish history he related incidents and lessons concerning those who had had prophets in their midst but had refused to recognize them or listen to their messages.

Angered, the Jews took Him with mob violence out of the city and threatened to throw Him from the brow of the high hill on which the city was built. It was not an auspicious beginning.

The common people were to hear Jesus gladly, but the bitterness of bigotry and prejudice aroused that day in Nazareth grew and intensified on the part of those whose hearts and minds were closed to the new and unfamiliar truth.

The climax came in the opposition that nailed Him to the cross.

The Canadian Red Cross Society is one of 75 national Red Cross and Red Crescent Societies associated with the League of Red Cross Societies.

3236



Needles expand

The first recorded ready-made garments in America were shirts for Indians, made by at least one woman at Northfield, Massachusetts, as early as 1725, and men's breeches, likewise made at Northfield.

The first real ready-made clothing industry, however, did not develop until about a century later, as an outgrowth of the trade in men's second-hand clothing. This trade had sprung up to meet the needs of sailors, whose stay in a port might be very short . . . Rejected custom-made garments and cheap grades of ready-made garments, made in custom shops during slack seasons, supplemented the stock of second-hand clothing . . .

The manufacture of ready-made clothing had become a thriving business by 1835, though it was practically limited to men's and boys' clothing of the cheaper grades and to shirts. At this time the sewing of clothing was still a hand process, which could be done as easily in the home as in a shop. The earliest shops, therefore, were merely cutting rooms, and the cheaper grades of material were sent to the country to be worked upon by women in their spare time. The better grades were sewed by city workers at their homes, or by journeymen in the custom tailoring shops when work was slack. Subdivision of labor had not yet appeared in the shops, except for the cutting, and it was customary for a worker to make an entire garment. Many skilled tailors, however, were helped in their work by their wives and children.

Slowly the market expanded, the lower income groups in all parts of the country resorting more and more to ready-made garments. The California gold rush of 1849 opened up a new market. At about the same time the technique of the industry made vast strides forward, with the invention of the sewing machine by Elias Howe in 1846, and its improvement by Isaak M. Singer a few years later.

Soviet myths exploded

The outbursts of popular anti-Russian and anti-Communist feeling in Poland and Hungary reveal the complete failure of Stalin's effort to secure "friendly neighbors" by brute force and massive indoctrination.

Young people brought up for a dozen years on nothing but Communist propaganda took the leading role in demanding sweeping changes. Students, soldiers, factory workers—the very ones most favored by the Communist regime and given the heaviest indoctrination—made up the bulk of the peaceful demonstrators in Poland and Hungary and the bulk of the revolutionists in Hungary . . .

Sweeping concessions seem to be the only way the Communists can retain control in Poland and Hungary short of open, brutal conquest and long-continued occupation by Soviet armed forces . . .

At stake ultimately is not only the Communist hold on all the European satellite countries. At stake also is the carefully cultivated propaganda picture spread across Asia and Africa of the Soviet Union as leader of the "camp of peace", the sworn foe of colonialism and imperialism.

Soviet tanks and machine guns in Hungary have shot some bad holes in this propaganda picture.

—Des Moines Register.

Windshield stickers

Owners of motor vehicles in B.C. were called on today to help publicize the British Columbia Centennial celebrations in 1958, by placing centennial windshield stickers on their cars.

The vari-colored windshield stickers, carrying the centennial slogan "British Columbia, 1858-1958, a Century to Celebrate", are being sent to all car owners with their 1957 licence plates.—The Miner, Rossland, B.C.—Jan. 17/57.

AID TO REFUGEES

The League of Red Cross Societies, through the support of 40 national Red Cross Societies, is providing food, care and clothing for over 25,000 Hungarian refugees in Austria.

Between 50 and 75 percent of the rough stone is lost in the polishing and cutting of a diamond.

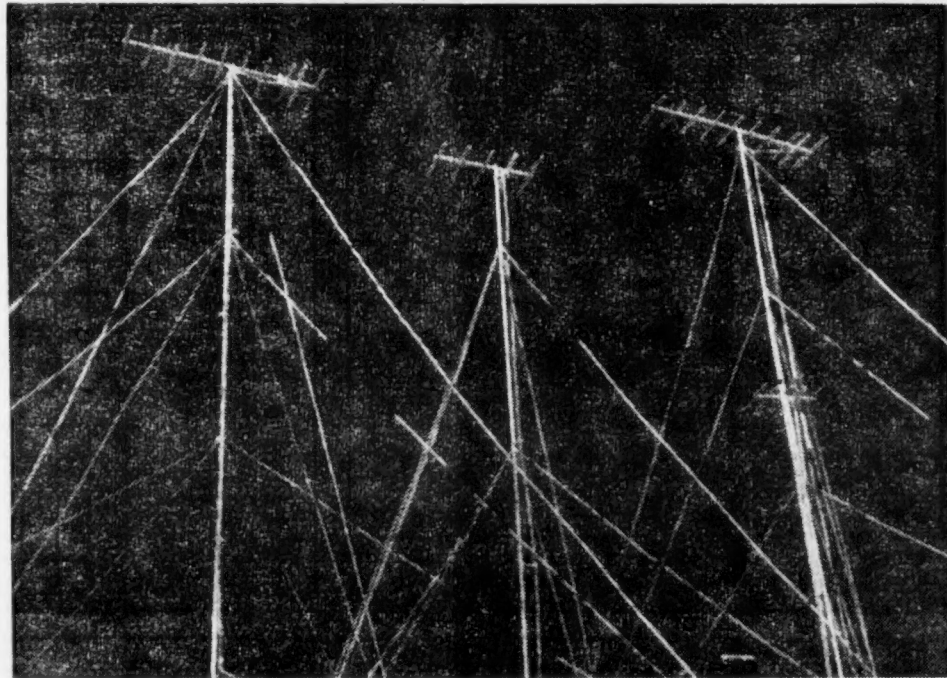
Coming of Spring launches old standby . . . the suit



The coming of spring has brought that old standby, the suit, to the fore. Stripes are always a favorite, and so will be the gray flannel suit, at left, which has been paired with cotton pique for a stunning effect. Another contender for space in career girl's closet is beige corded wool suit, at right, with white pique trim. A white cloche hat

and shortie gloves add the finishing touch. While suits are popular for day wear, the cape is coming into its own as evening attire. Fleur de lis motif, embroidered in gold and rhinestone, adorn white fleece cape in centre.

(Humboldt Journal, Humboldt, Sask.—Jan. 10/57)



Television aerials are no longer an oddity but the photographer was struck by the pattern of the masts and guy wires on one building following a heavy hoarfrost. Photo by Michael Photography.



READY FOR PATROL—Before going on patrol in the Arctic, the last things soldiers do are to check their maps and take warm food. Here four members of the Royal 22nd Regiment, training at Fort Churchill, Man., get ready for a training patrol in the comparative comfort of their snow hut. Left to right are: Pte. Armand Lortie, Quebec City; Pte. Raymond Comeau, Green Point, N.B.; Sgt. Philippe Charron, Hull, P.Q. and Cpl. Antonio Rioux, Anisienne Lorette, P.Q.

Fertilizers for cereal grains on brome grass

It is fairly common to plough shallowly the sod-bound brome grass fields and grow one cereal crop, while allowing the brome to re-establish itself. This rejuvenation process is quite effective. However, reduced yields of cereal crops can be expected during this process, and, in many instances, even after a summerfallow period. This effect on cereal crops is likely due to a deficiency of both moisture and nitrogen in the old brome grass sod. Tests using fertilizer ratios with grain after breaking brome sod have been underway at the Experimental Farm, Scott, since 1954.

From information to date it is quite evident that cereal crops grown on old brome sod requires large amounts of nitrogen to give good yields. Applying 40 pounds of nitrogen with 40 pounds of phosphorous per acre has given a 6.5 bushel increase with wheat and 2.8 bushel increase for oats over the untreated plot. In the case of oats, better yield increases were obtained with a 2.1 ratio rather than 1.1 ratio. That is 40 pounds of nitrogen to 20 pounds of phosphorous per acre. This ratio gave an 8.9 bushel increase for oats over the untreated plot. When either nitrogen or phosphorous was used alone, on both these crops, yield increases were not obtained. To get optimum yields from cereal crops after breaking old brome grass a correct nitrogen and phosphorous ratio must be used. To date, it would appear that one pound of nitrogen for every one of phosphorous should be used for wheat, while for oats two of nitrogen to one of phosphorous should be used. Since brome grass sod is deficient in nitrogen it must be kept in mind that fairly substantial rates should be applied to get optimum yields.

From past results it is apparent that oats are more satisfactory than wheat after brome grass.

TAKE CARE

Don't shake your electric toaster to get the crumbs out—shaking may harm the heating apparatus. Instead, use a small, soft paint brush to brush out the crumbs; it will easily reach the inner parts of the toaster.

In Hungary and Austria, you are there through your Canadian Red Cross.

Ratepayers' Association to present brief to council

A number of town problems including the town dump and garbage disposal, tax assessments and the station bridge were discussed at a meeting of the Bathurst Ratepayer's Association Monday.

The majority of those attending the council session in the old town hall wore overcoats. Despite the fact that the radiators in the building were hot the room temperature was far from comfortable.—The Northern Light, Bathurst, New Brunswick—Jan. 17, 1957.

Fashions

For nature lovers



7305

by Alice Brooks

Love the woods and woodland creatures? Bring them right to your home with this picture! Easy to embroider; lovely decoration.

Embroider this life-like doe and fawn in wool or rayon. Pattern 7305, transfer of picture 15x20 inches; color chart.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Household Arts Department,
Department P.P.L.,

60 Front Street, W., Toronto

Two FREE patterns—printed in our ALICE BROOKS Needlecraft book—stunning designs for yourself, for your home—just for you, our readers! Dozens of other designs to order—all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

SLEEP TO-NITE
SEDICIN tablets taken according to directions is a safe way to induce sleep or quiet the nerves when tense. \$1.00 All Drug Stores or Adrem Ltd., Toronto 5.

BLACKHEADS

Don't squeeze Blackheads and leave ugly scars—dissolve them with PEROXINE POWDER. Simple—Safe—Sure. Cleanses the pores deep down, giving your skin vitality and charm. At your Druggist. Results guaranteed. Price

PEROXINE POWDER

Now Many Wear FALSE TEETH With Little Worry

Eat, talk, laugh or sneeze without fear of insecure false teeth dropping, slipping or wobbling. FASTEETH holds plates firmer and more comfortably. This pleasant powder has no gummy, gooey, pasty taste or feeling. Doesn't cause nausea. It's alkaline (non-acid). Checks "plate odor" (denture breath). Get FASTEETH at any drug counter.

How to Reduce Swollen Painful Piles

Here is a nice, clean, easy way to get real relief from the nagging distress of swollen, painful piles without the inconvenience of ointments, pile pipes or suppositories.

The secret is in taking just one small Hem-Roid Tablet, with water, two or three times a day. Works through effective INTERNAL action. Quickly eases constipation, relieves itching, soreness and pain. Helps shrink piles and permits them to heal.

Why suffer needlessly when Hem-Roid offers you so much. Get a package today. See for yourself how nice Hem-Roid is to use, how effective it is and how much more comfort it will quickly bring you. All drug stores. Low cost. Money refunded if you are not 100% pleased.

Editorials

from

Canadian Weekly Newspapers

(These are not necessarily the views of the editor of this paper)

Towns grow -- troubles too

(The Post, Hanover, Ont.—Jan. 17, 1957)

A few years ago, nobody would have believed it, but nowadays some of the "middle-sized" towns in Ontario are beginning to take a second look at themselves and their future. These are the towns of 2,500 to 5,000 population, not the ones which have been static for the past half century, but those municipalities which have been getting in a few industries, often one fairly large new factory and two or three small ones with hopes for the future.

These towns have been growing. Recent census statistics show large percentage gains in the past five years. Officers of their Chambers of Commerce wear broad smiles and go tracing down rumors of other industries which want to move away from the large cities, because their management is convinced that life in a small town offers more for their employees.

These towns are changing and that's why some of the residents are wondering whether it might not be better to try to slow down the process, rather than speed it up. Life has been pleasant in these towns, spacious and unhurried. The original town planners laid out no building lots less than 60 feet wide. They see greedy builders buying three lots and crowding four houses onto them. There are traffic problems and even parking meters in some towns where councillors haven't learned to say "No," to high pressure salesmen. New houses are followed by new schools, more sewers and large water tanks. Taxes go up instead of going down. In one town, the merchants cheerfully paid extra taxes for roads and services in a new subdivision. When the subdivision was complete, a new supermarket was built in it and new business went there.

Many people, especially in the small towns, have a theory that the ideal population is about 3,500 people. As one merchant summed it up: "If I had wanted to live in a city, I'd have moved there." It's worth a thought anyway.

—Fergus News-Record.

Decentralization needed (?)

(From The Mail, Drumheller, Alta.—Jan. 2, 1957)

Canadians given to foreign travel never cease to be both amazed and amused at popular misconceptions of their country in the minds of folk abroad.

True, the quaint notion of Canada as a frozen wasteland inhabited only by Eskimos, mounties and caribou has undergone some modification in the last 40 years or so. Largely, this is due to the not inconspicuous participation of Canadian servicemen in two world wars, considerable immigration from Europe, improved education, and the influence of mass media.

Even so old beliefs die hard, and the aforementioned "modification" does not, by all accounts, extend very far beyond a vague knowledge that we produce a lot of timber and wheat, have two or three large cities, and boast such scenic wonders as the Rockies and the more impressive side of Niagara Falls. The sweeping industrial changes which have transformed the Canadian economy since 1930 are, it would seem, little known and less understood.

Matters are not helped, of course, when influential and erudite visitors return to their homelands after a couple of weeks' stay in one area and see that area as an accurate reflection of the whole country.

While timber products and wheat are the largest exports, manufacturing is the leading industry in all but three of the ten provinces and is growing faster than any other in every one of them.

All of which would be hailed with delight in places like Drumheller if a policy of decentralization were adopted. Otherwise, if an H-bomb is ever let loose over one of those metropolitan areas, everything will be blown to—the point of no return!

Forewarned is forearmed

(From The Guide, Killarney, Man.—January 17, 1957)

A small booklet recently issued by the RCMP, "Be-ware of Bad Cheques", is one which every business man should give more than a careful glance. In it an attempt is made to point out the various methods used by so-called cheque artists. Canadian business loses an estimated two million dollars a year by means of forgers, much of which could be prevented by the use of a few precautions.

Stores and other places of business, rather than banks, are usually the victims of such individuals or groups.

Before cheques are cashed, positive identification of the individual should be known, oil company credit cards and drivers' licenses are not sufficient, they could be stolen. Insist that all cheques be endorsed in your presence and be sure you know your endorser. Almost all forged or stolen cheques are endorsed when presented.

The above are a few suggestions taken from the booklet, and should be borne in mind when cashing cheques.

Locomotives without fires

(The Times, High River, Alta.—Jan. 3, 1957)

(By Peter Mitchell)

Chances are that if the diesel locomotives had been invented before the steam locomotive, there would never have been any such job classification as that of locomotive firemen. That locomotives without fires to tend just don't need firemen is simple commonsense.

In public hearings now resumed before a Federal Conciliation Board at Ottawa, rail union officials have fairly made the welkin ring with talk to the effect that the presence of firemen on diesels is essential to safety of operation. Just how little there is to this safety argument is apparent from evidence given the Conciliation Board which reveals that the Southern Region of the British Railways, which runs more than 1,000 trains a day, employs no firemen, and entrusts the operation to these trains to a motorman.

In fact, the British Transport Commission is now proposing to replace steam-locomotives with diesels on all non-electrified lines in the United Kingdom, and to do so without employing firemen at all. This proposal is essentially the same as that made by railway management before the Federal Conciliation Board at Ottawa.

The logic of the proposal is self-evident. Locomotives without fires just don't need firemen.

Top shorthorn

(The Advance, Renfrew, Ont.—Dec. 18, 1956)

Honors were brought to Canada in the Shorthorn judging at the International Exposition, Chicago. At this show, the Shorthorn bull, Scotsdale Jupiter, owned by S. G. Bennett, Georgetown, Ontario, was made grand champion bull and supreme champion Shorthorn of the Show.

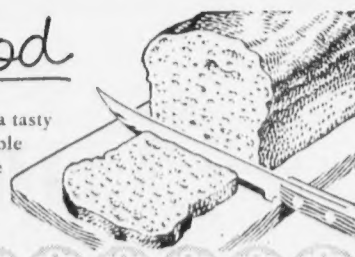
Several weeks earlier "Jupiter" had won the grand and supreme championship at the Royal Winter Fair, Toronto. Since these shows are rated as the tops on the North American continent, it is an honor rarely achieved for one animal to win this double award.

Incidentally, this feat was previously accomplished in 1948 and again it was a Canadian Shorthorn bull, Scotsdale Bombardier, owned by S. G. Bennett, that scored the double win.

3236

So good

Here's bread with a tasty difference! Dependable Fleischmann's Active Dry Yeast makes it quick and easy!



Rolled-oat Bread

- Measure into bowl
1 cup rolled oats
2 teaspoons salt
1½ tablespoons shortening
Stir in
1½ cups boiling water
and let stand until lukewarm.
- In the meantime, measure into a large bowl
½ cup lukewarm water
2 teaspoons granulated sugar
and stir until sugar is dissolved.
Sprinkle with contents of
2 envelopes
Fleischmann's Active Dry Yeast
Let stand 10 minutes, THEN stir well.
Stir in prepared rolled oat mixture and
- ¾ cup lightly-packed brown sugar
2 tablespoons molasses
2 cups once-sifted all-purpose flour
and beat until smooth and elastic.
Work in an additional
2½ cups (about) once-sifted all-purpose flour
- Turn out on lightly-floured board and knead until smooth and elastic; place in greased bowl. Brush top of dough with melted shortening. Cover. Let rise in warm place, free from draft, until doubled in bulk—about 1 hour.
- Punch down dough. Turn out and divide in half. Let rest 15 minutes, then shape each half into a loaf. Place in greased loaf pans (8½ x 4½ inches, top inside measure). Brush with melted butter, margarine or shortening. Cover. Let rise until doubled in bulk—about 45 minutes. Bake in moderately hot oven, 375°, about 50 minutes. Yield: 2 loaves.



Needs no refrigeration

ART SAUTER WINS 1956 NATIONAL BARLEY AWARD

For the fourth year in a row Alberta wins Canada's National Barley Championship.

The major award in the 1956 contest—eleventh in the series started by the brewing and malting industry—went to Art Sauter, Crossfield, who won \$800 for having produced last year's best carload of malting barley. He gets \$500 as national champion, \$200 for being first in his province, and another \$100 for having placed first in his region.

Another Alberta farmer, Richard Stevenson, Clairmont, was runner-up for the national award, winning cash prizes of \$550. Picking the best of the two top entries posed one of the closest decisions in the 11 years of the competition. The awards were made in Winnipeg Feb. 21 by a panel of nine judges, three each from Alberta and Manitoba and three consulting judges. All were called in before agreement was reached on the entry for first place.

Alberta and Manitoba were the only two provinces in the 1956 competition. There were 835 carload entries, 388 from Manitoba and 447 from Alberta, and 228 samples got to the judg-

ing tables, 138 from Alberta and 90 from Manitoba.

ALBERTA HISTORICAL SOCIETY REPRINTS MacEWAN ADDRESS

"Horses, past and present"—a commentary by agriculturalist Grant MacEwan on the history and present position of horses in western Canada—has been selected by the Historical Society of Alberta for reprinting and distribution to its members.

Originally prepared for presentation in his regular "Cominco Commentary" radio series, Mr. MacEwan's discussion on horses was heard locally early in January.

Copies of this or any of Mr. MacEwan's scripts may be obtained by writing to your local radio station or direct to the Consolidated Mining and Smelting Company of Canada Limited of Trail, B.C., who sponsor the "Cominco Commentary" series.

Beiseker

Congratulations go out to Mr. W. J. Lavoie and staff of the Frosted Food Centre, Beiseker who again have won top honors, the merit award shield and certificate for meritorious opera-

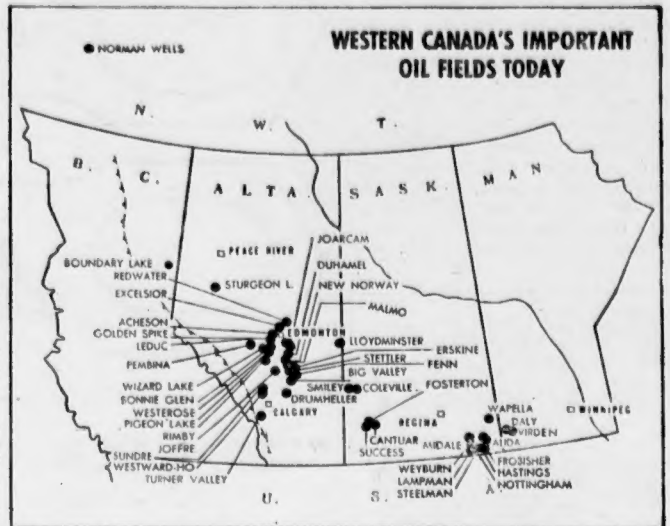
tion and management of one of the 125 locker plants in B section in Alberta.

Mr. Lavoie wishes to thank all his patrons, his staff and his family, all of whom have played such an important part in bringing about this honor.

This competition is sponsored by the Alberta Quick Freeze Locker Association and is presented at the annual locker convention by Mr. D. H. McCallum, Dairy Commissioner for Alberta.

The locker plants are inspected by the inspectors of the Dairy Branch of the Dept. of Agriculture.

If the score for any plant taken from the inspectors reports is high enough, Mr. McCallum and Mr. L. H. Arnold the Department locker plant supervisors make a visit to this plant along with another neutral man from the Department to make the final score. This is how the winning plant is decided upon.



HEALTH HORIZONS

Drug For Female "Tension State" Also Prevents Acne

Acne and other skin ailments which flare up periodically in women may be prevented by treatment with a drug developed originally to counteract pre-menstrual tension.

The effectiveness of the drug, called Pre-mens, in the prevention of acne was described in a report by two Canadian physicians in a recent issue of the Archives of Dermatology, published by the American Medical Association. The Canadian specialists, Drs. Frederick Kalz and Allene Scott of McGill University and Royal Victoria Hospital, Montreal, based their study on sixty patients. Fifty patients were women who complained of one or more of the recurring symptoms of pre-menstrual tension—depression, anxiety, backache, bloating—and who suffered from characteristic monthly skin problems. The ten patients who served as controls included five postmenopausal women, normal in every respect, and five men, two of whom had acne.

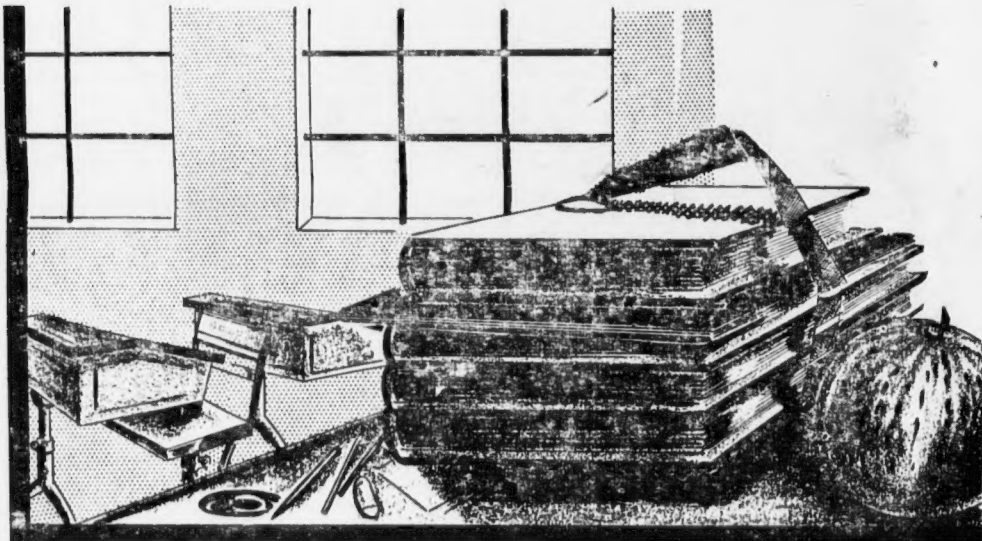
Pre-mens, the study showed, prevented the premenstrual flare-up of acne and other skin ailments in forty of the fifty patients in whom this phenomenon had been previously observed. The ten patients who derived no benefit from Pre-mens included the five men and five women who apparently were irregular in their hormone cycle.

In the course of the study, the investigators observed that an average weight gain of 5.4 lb. was noted in fifty premenopausal patients just prior to the onset of the menses. However, when



Pre-mens was given in the treatment, the average weight gain was reduced to 0.6 lb.

The investigators concluded that the greater effectiveness of Pre-mens, which was developed by the research scientists of The Purdue Frederick Company of New York, may be attributed to the fact that the drug contains significant amounts of various vitamins, as well as a mild relaxant. These vitamins, the report notes, generally help to achieve an increased feeling of well-being, with the relief of irritability,



building character

We trust the school teacher with our most precious possessions... our children. During their formative years, the teachers guide their characters as well as teach the "Three R's." This requires a special dedication as well as special training and talents. You can make the teacher's job easier and more successful by co-operating in all ways with the educational programmes in the schools. Your active participation with the teachers, in Parent-Teacher or Home and School groups is invaluable in the encouragement and development of youth activities.

Your utility company is another community asset. Through its individual employees, and as a tax-paying citizen itself, it takes an active part in contributing to, and supporting, beneficial community interests. It stands ready to provide service beyond that which might be expected.



CANADIAN UTILITIES LIMITED

Oil Production and Demand Ten Years Since Leduc

1956

estimated Canadian domestic production 472,000 barrels a day by year end.

1951

Canadian domestic production 132,000 barrels a day.

1946

Canadian domestic production 20,000 barrels a day.

1946

Canadian demand 222,000 barrels a day.

1951

Canadian demand 420,000 barrels a day.

1956

estimated Canadian demand 686,000 barrels a day by year end.

